

The Golden Age of Cataclysmic Variables and Related Objects - V: Concluding Address

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Before officially concluding this workshop (and it is far beyond my powers to attempt some concluding remarks beyond those already dealt with on the various burning questions presented by Paul Mason, David Buckley, Joanna Mikolajewska, and René Hudec), I would like to comment on a few highlights coming from our fruitful week of discussions about *The Golden Age of Cataclysmic Variables and Related Objects - V*, without any pretension of completeness.

*The Golden Age of Cataclysmic Variables and Related Objects V (GOLDEN2019)
2-7 September 2019
Palermo, Italy*

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1. My Personal Comments

Undoubtedly the advent of space-based observatories has given a strong impulse to astronomy. Starting roughly from the mid-seventies and over almost all of the electromagnetic spectrum, these observations have continuously surveyed the sky. Cataclysmic variables (CVs) historically were the first systems that demonstrated the need for studies of the accretion disk processes around white dwarfs (WDs). In fact, these studies began in the early 1960's with the schools of Warsaw (Poland) and Cambridge (UK). However, CVs rapidly lost their primeval importance because of the advent of the first X-ray space experiments that, with their limited sensitivity, were mostly detecting X-ray binary systems (XRBs). These showed abundant X-ray emissions above the thresholds of their detectors. Of course, we now know that these sources emitted brightly thanks to the presence of neutron stars or black holes as companions of the optical low-mass or high-mass stars. The X-ray emission of CVs is about 2–3 orders of magnitude lower than that of XRBs. Thus the bulk of observations of CVs for a long time came from optical and UV regions, and sometimes from IR and occasionally from radio bands.

In the last decades, results coming from the new generation of satellites, especially in the hard X-ray and γ -ray regions, renewed the interest of scientific community on CVs. This, together with the new developments in searching for the progenitors of type Ia supernovae was the main reason for a new explosion of interest in CVs.

For all these reasons I was pushed by the international community involved in the field of CVs to organize workshops about "*The Golden Age of Cataclysmic Variables and Related Objects*". Together with several distinguished colleagues I started to organize a series of such biennial workshops since 2011. We are now commenting on the results discussed during the fifth edition.

In the last few years we assisted to a substantial improvement on the number of CVs discovered, but only few exciting results have been obtained. The discovery of AR Sco as the first white dwarf pulsar (Buckley et al., 2017) can be considered the highlight of the last years.

This week of deep discussions about CVs and related objects has centered around the physical processes occurring inside those systems. The meeting has shown the most powerful way for a better and faster development of our knowledge of the cataclysmic processes, which are rather usual in the Universe.

The detection of several SW Sex systems having orbital periods inside the so-called "period gap" opens a new and interesting problem about the continuity in the evolution of CVs. Are the Intermediate Polars (IPCVs) and Polars (PCVs) smoothly connected via the SW Sex-like systems placed just in between? This is a further demonstration of the continuity in the evolution of each component of the Universe, as discussed by Giovannelli (2019a, this workshop) in his long review.

In order to fully understand the emission properties and evolution of CVs, the mass-transfer process needs to be clearly understood, especially the magnetic mass transfer, as well as the properties of magnetic viscosity in the accretion disks around compact objects.

In this regard, the use of Doppler tomography is particularly useful for the study of mass transfer processes in magnetic and non-magnetic cataclysmic systems.

Consequently, the investigation on the magnetic field intensities in WDs appears crucial in understanding the evolution of CVs systems, by which it is possible to generate classical novae (e.g., Gallagher & Starrfield, 1978; Isern et al., 1997) and type-Ia supernovae (e.g., Isern et al.,

1993; Maoz, Mannucci & Nelemans, 2014)). In those catastrophic processes, the production of light and heavy elements and then the knowledge of their abundances provides strong direct inputs for cosmological models and cosmic ray generation problems.

In my opinion it is important to remember that all the components of the Universe follow the cycle of birth, growth, aging and death, as well as Humans, as discussed in Giovannelli’s review (2019a). To this end, the comparison made by Shara (2019) between the life cycle of a butterfly and that of a cataclysmic variable, as shown in Fig. 1, was impressive.

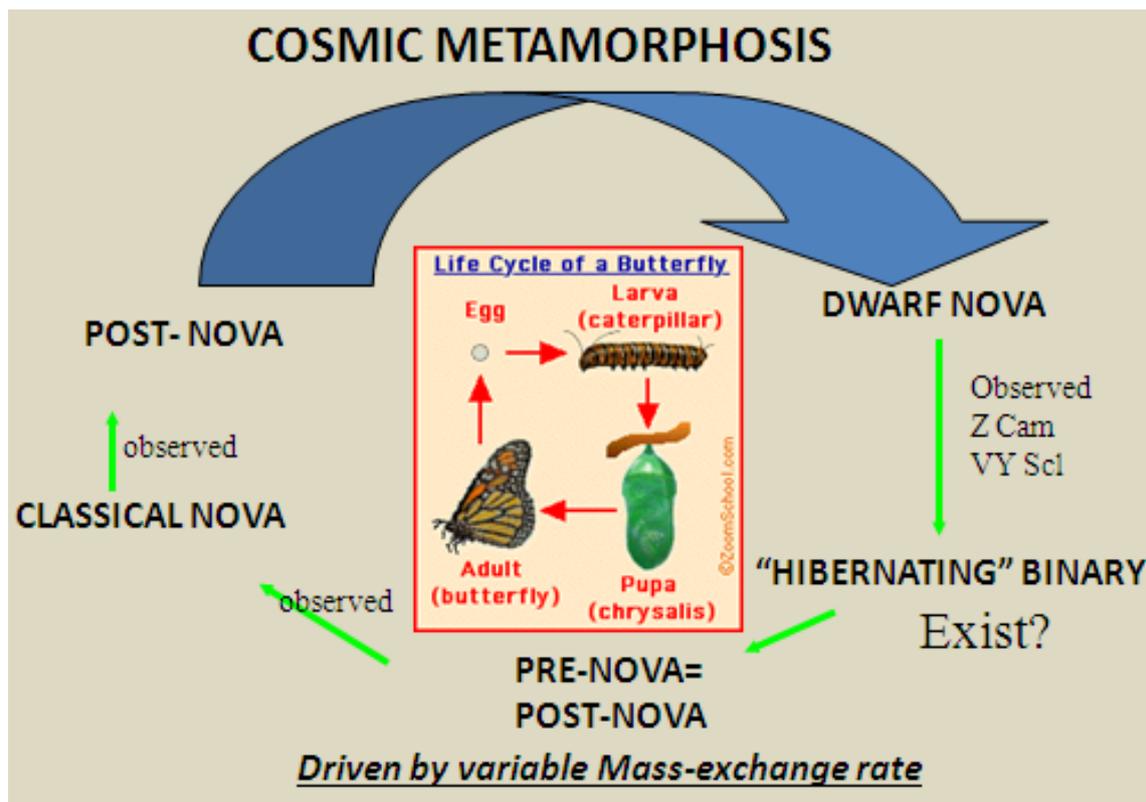


Figure 1: Life cycle of a butterfly and that of a CV (adopted by Shara, 2019, this workshop).

2. Some General Remarks

This workshop again affirms the importance of Multifrequency Astrophysics. However, there are many problems in performing Simultaneous Multifrequency, Multisite, Multiinstrument, Multiplatform (this now is called Multimessenger Astrophysics) measurements due to: i) objective technological difficulties; ii) sharing common scientific objectives; iii) problems of scheduling and budgets; and iv) the politic management of science.

During this fruitful workshop, we hope to have demonstrated once more the "Vulcano Theorem" enunciated in 1984 in my concluding address of the first historical workshop on *Multifrequency Behaviour of Galactic Accreting Sources*: **It is possible to develop science seriously even if smiling** (Giovannelli, 1985).

But, as you probably suspected, this workshop has been organized under "*Peaceful Surroundings*". For this reason I want to conclude with a few wonderful words of Dr Daisaku Ikeda (2001a) – president of the Soka Gakkai International (SGI) – reported in the booklet *For Today and Tomorrow* - the thought of 30th May:

"The one who has many friends has greater opportunities for growth. In this way, one both makes society a better place, and lives happier and more satisfied. In all cases, human relations, inter-personal interaction and communication are of vital importance. We must establish and nurture friendship and contacts with many people, both in our environment, and in society in general.

In this manner our life will open up and will flourish".

We could go back to early childhood when we were as the "Little Prince". To quote:

One sees clearly only with the heart. What is essential is invisible to the eye (from *The Little Prince* by Antoine de Saint Exupéry, 1943).

The search for the essential is of extreme interest to a large number of men of great learning. These are in agreement with Paul Salahuddin Armstrong, who said in his 2014 talk "*Human Family; Past, Present and Future*", at the "*New Humanity Movement-Event*" (Paul Salahuddin Armstrong, 2014):

Today we travel the world, making connections, doing business, and building relationships in person or online with fellow members of our Human Family from all parts of the Earth. We are becoming more conscious that what happens in one place affects people everywhere. We are not alone... We are not isolated... Only through building bridges of Love and Understanding can we insure the well-being of everyone in our Human Family.

The search for the essential is so important that even famous, noble-minded scientists try to attempt the difficult way of the possible convergence of science and life in its more sublime meaning. For instance, Pier Luigi Luisi founded in 1985 the *International Week of Cortona "Science and the Wholeness of Life"*, dedicated to the integration of Scientific Disciplines and Humanities. Later he published the book, "*The Emergence of Life. From Chemical Origins to Synthetic Biology* (Luisi, 2006) in which he reviewed the consecutive stages from prebiotic chemistry to synthetic biology, uniquely combining both approaches. Indeed, the origin of life from inanimate matter has been the focus of much research for decades, both experimentally and philosophically. Friedrich Rolle, a German philosopher and biologist, wrote "*The general reasons for this assumption are so categorical that I have no doubt that sooner or later it will be possible to demonstrate such an assumption in an unambiguous and scientific way, or even repeat the process experimentally* (Rolle, 1863).

In the book "*The Systems View of Life: A Unifying Vision*" (Capra & Luisi, 2014) those authors integrate in a single framework of coherent thought the ideas, models and theories that are the foundation of the systemic vision of life, highlighting its economic, ecological, political and spiritual implications.

Personally, I would like to reiterate and underscore some fundamental concepts in the book, which I completely share.

Life is a network of complex and inseparable relationships that renders the understanding of an individual phenomenon indivisible from the understanding the entire ecosystem in which it occurs. Therefore the answers can not be found by relying exclusively to the scientific method. A "holistic"

approach is now required, one that is able to reflect on connectivity, relationships and contexts as well as properties and functions of the individual parts.

The discipline that best reflects the systemic vision of life is ecology, which reconnects the life sciences with the earth sciences and studies the interaction of organisms with each other and with the surrounding environment. The new ecological science - that has emerged from organismic biology only in the late twentieth century when the concept of ecosystem developed - is not anthropocentric but eco-centric. That is characterized by the awareness that all living things are tied together in networks of interdependence.

Ecology is the ideal bridge between science and spirituality. In fact, within the systemic view of life, it is essentially the concept of balance between science - responsible for material and technological progress - and spirituality, responsible for the internal growth of individuals and ethical limitations imposed by the excessive consumption of the resources of the planet. The balance between science and spirituality determines the welfare of society.

The Bridge between the Big Bang and Biology (e.g. Giovannelli, 2001) ferries us from the original point to the biologically active side where sentient life and, then science, start. But to close correctly the "run" of it, it is necessary to cross one bridge more: the bridge between science and spirituality. If this bridge is properly covered, our society will flourish.

Personally, I feel obligated to point out some observations that seem fundamental about the philosophical and social implications of contemporary science. These observations lead to interesting conclusions about the origin of life and the self-organization of natural and synthetic systems. These findings are in keeping with the Buddhist view of the Universe. It is understood as a living organism being composed of myriads of components all related and interacting with one another. Life can be seen as a system of interconnected autopoietic systems. The organism interacts with the environment in a "cognitive" way. At the same time, the organism "creates" its own environment and the environment allows the creation of the organism. But this is the concept of dependent origin. According to this concept, every phenomenon is the product of the interaction of every other phenomenon in the Universe.

The consequence of this view are of extraordinary importance, above all in ethics: it asserts that all living beings and their environment are inextricably linked, and that their essence is not absolute but "of relationship". It leads us to respect every individual being and its inherent rights. In other words, this view leads us to live and act without distinguishing our own happiness from that of others. Ultimately this view leads to the **TOTAL RESPECT OF LIFE** in the most general meaning.

3. The reason for the Etruscan Wine Party

My full name is Franco Giovannelli Seghieri (father name: Flavio Giovannelli; mother name: Teresita Seghieri).

My ancestors of both families arrived to SUVERETO (a small medieval village close to Populonia, one of the most important Etruscan towns, before Romans) between the beginning and the middle of 19th Century. Giovannelli: an agricultural labourer family whose member Francesco – grandfather of my great-grandfather Francesco – arrived from Tuscan-Emilian Appennini Moun-

tains for searching farm work. Seghieri: a blazoned family from Montecarlo di Lucca whose member Metello – my great-grandfather – arrived as town clerk.

Suvereto, considered one of the most beautiful villages in Italy, is located between the hills and the shining sea of the Etruscan Coast. Immersed in the green Val di Cornia, the village is a real treasure: its walls preserve treasures made up of characteristic medieval streets, stone houses, historic buildings and evocative churches. All around exterminated forests of chestnuts, oaks and, of course, corks, hence the name of the locality. Indeed, the toponym is attested for the first time in 973 and derives from the Latin *suber*, "cork", in Italian "sughero". Then the name of the village was Sughereto (*foresta di sughero* = cork forest) that was changed to Suvereto due to the local pronunciation of *sughero* as *suvero*. Therefore, Suvereto is the "cork forest".

Suvereto, the small medieval village, is the town of wine and olive oil. Figure 2 shows some important parts of the village and surroundings.



Figure 2: Suvereto. First line, from the left to right: The southern gate "La Porta" (1300 A.C.); The northern gate "La Porticciola" (~ 1300 A.C.); The loggia of judges (XIII Century); The village hall (XIII Century); Romanesque church of San Giusto "Ecclesia S. Justi" (IX-XII Centuries); St. Francis cloister "Il Chiostro di San Francesco" (XII Century). Second line, from the left to right: The tower "Il Torrione" (XIV-XV Centuries); My House (~ XV Century); Great staircase "Gli Scaloni" (~ XIII-XVI Centuries); The flag bearers of the fifteenth century "Gli Sbandieratori"; The Palio of Santa Croce of the barrels. Third line, from the left to right: Goblets of stars "Calici di stelle" (10th August); The source of the angels "La Fonte degli Angeli" (~ 1500); Fortress Aldobrandesca "Rocca Aldobrandesca" (XII Century); Partial panorama of Suvereto. Fourth line, from the left to right: General panorama of Suvereto; PETRA Vineyard in San Lorenzo (hamlet of Suvereto); PETRA Olive grove in San Lorenzo (hamlet of Suvereto). These two last photos show a part of the farm built by my great-grandfather Francesco and belonging to Giovannelli's family until 1961.

Suvereto became, thanks to Ildebrandino VIII of the Aldobrandeschi, the first free municipality

of Tuscany, with the issue of the "Charta Libertatis" in 1201, October 14th, which granted freedom of trade and government to the inhabitants of the town. It is from this period the construction of the "Palazzo Comunale" (village hall) with the loggia of judges ("Loggia dei Giudici"), where disputes between citizens were resolved. Baroncello, the first mayor of Suvereto elected by the people for treating with Ildebrandino VIII Aldobrandeschi, Count Palatino, the "Charta Libertatis". This important historical event is celebrated each year on December 8th in occasion of the "Sagra di Suvereto" (Suvereto Festival) after the historical cortege.

Baroncello is interpreted by Franco Giovannelli as shown in Fig. 3 (left panel), and Fig. 3 (right panel) shows a part of the historical cortege.



Figure 3: Left panel: Franco Giovannelli as Baroncello in his old house in Suvereto. Right panel: a part of the historical cortege celebrating the conquest of the "Charta Libertatis" in 1201.

Despite having lived almost all my life in Rome, I have maintained a strong bond with Suvereto and with all my childhood friends. Until the harvest of 1960 I used to bring with a cart pulled by oxen the grapes to be fermented in a big vat, whose location was in "Casetta" - a typical farmhouse of the Maremma - belonging to the Casini and Petricci families. The Casini family moved to another place and the Petricci family instead continued to live there, where their vineyard thrives in the surrounding area. The young Petricci, who married a woman from the Del Pianta family, founded the Petricci-Del Pianta farm (Azienda Agricola Petricci-Del Pianta). From this company, which still uses the original vines of the area, come the wines consumed during the Etruscan Wine Party. Fig. 4 shows some pictures of the vineyard and wines produced by such a farm.

4. The reason for the night performance

The reason is very simple: every type of art increases knowledge and tones the soul. Physics is not just a science, but it is also a form of art, according to my judgment as I clearly pointed out in my concluding remarks of the "XIVth Cracow Summer School of Cosmology: *The structure of space and time* (Giovannelli, 1996).



Figure 4: First line: a partial view of Petricci-Del Pianta vineyard. Second line from left to right: wine tasting cellar; Bianco di Casetta (white); Cerosecco (red); Buca di Cleonte (red); Fabula (white).

5. Conclusions

In this workshop, the presence of women has been particularly pleasant and intentional as well as the presence of many young colleagues, some of them still PhD students.

This is the age of the youth. Young people do not depend on anyone or draw strength from others. The courage of young people is unparalleled. They fears nothing. The courage of youth is boundless, is the strength to never give up (Daisaku Ikeda, 2001b).

Probably the most important scientist and artist ever born, Leonardo da Vinci, said *Tristo è lo discepolo che non supera lo maestro suo!*. Expressed in English, that reads as *Grim is the disciple who does not exceed his master!*



Figure 5: The passage of the Baton from Franco Giovannelli (right) to Jaroslav Merc (center) and Mr Aristarh Chasovnikov (left).

Therefore now, as senior scientist and director of this workshop, I am honored to pass the

baton to the next generation of astrophysicists. For this reason I pass the baton to Mr Aristarh Chasovnikov and Mr Jaroslav Merc, the youngest participants as described in the short paper by Giovannelli (2019b). Figure 5 shows such a passage, from Franco Giovannelli – Chairperson – to Mr Aristarh Chasovnikov and Mr Jaroslav Merc.

6. Special thanks

It is my pleasure to thank:

- the Scientific Organizing Committee (Dmitry Bisikalo, René Hudec, Joanna Mikolajewska, Giora Shaviv, Edward Sion, Paul Mason... and myself).
- The super-efficient Local Organizing Committee (Daniela Giovannini, Bruno Luigi Martino, Rosa Poggiani, Francesco Reale,... and myself) shown in Fig. 6.



Figure 6: The extraordinary LOC. From the left to the right: Bruno Luigi Martino, Daniela Giovannini, Francesco Reale, Rosa Poggiani, Franco Giovannelli.

- Many thanks to the Directors of the: ASCR-AIO & CTU, INAF-IASF, PAN-NCAC RAS-AI, TECHNION-Phys. Dpt, VILLANOVA University, NEW MEXICO STATE University

Particular warm thanks to:

- ALL SPEAKERS, who rendered this workshop very interesting and alive.
- ALL PARTICIPANTS, who breathed life into the workshop with their question-answers, and for the friendly atmosphere they provided.
- The FOUR COLLEAGUES and FRIENDS (Paul, David, Joanna & René) who kindly accepted the not so easy task of making the concluding remarks of the workshop.

- The actresses Flavia Giovannelli and Anna Lisa Amodio for their splendid Performance *VARIETÀ*, during which many participants were involved, including the Chairperson, Franco Giovannelli, who was singing together with them, as shown in Fig. 7.
- To all the staff of the *SPLENDID* Hotel La TORRE.
- Finally, on behalf of all participants, I would like to express my warm thanks to the Chèf, Mr Daniele Inzerillo, who prepared for us a large number of delicacies.



Figure 7: From left to right: Flavia Giovannelli, Franco Giovannelli, Anna Lisa Amodio singing during the performance "VARIETÀ".

Many particular thanks to Francesco Reale: ISC/CNR (Alias FIGARO) for helping in informatics and solving all related problems during the preparation and development of the workshop and in Palermo, at the registration desk, in the conference room, on the terrace, and ... more, together with

- the Executive Secretary Daniela Giovannini: IFT/CNR who smoothed all the inconveniences that occurred at the registration desk with professionalism and moreover with her nice smile,
- Bruno Luigi Martino: IASI/CNR with his sincere kindness,
- Rosa Poggiani: Physics Dpt, Pisa University with a smiling face behind her professional camera.

Without the presence of Francesco it would not have been possible to organize the workshop!

Francesco, alias FIGARO, is shown in Fig. 8 (left panel) during one of his usual runs for something urgent, and in Fig. 8 (right panel) with his particular dress for the Etruscan Wine Party. He asked me to mention his commemoration for his good friend who passed away last year when our workshop on *Frontier Research in Astrophysics - III* was in progress: **"I want to dedicate**



Figure 8: Left panel: Francesco Reale, alias Figaro, running. Right panel: Francesco with his particular dress for the Etruscan Wine Party.

my commitment to the preparation and carrying out of our workshops to my dear friend Giovanna Petitti. Dear Giovanna, thank you for everything you taught me!"

Without the presence of Francesco it would not have been possible to organize the workshop!

I hope to meet all of you once again during our next Palermo Workshop.

Acknowledgments: This research has made use of NASA's Astrophysics Data System.

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